

**FORM A1****THE CURRENT + IDEAL SITUATIONS**

- 1) Write down the current situation in detail. Be honest, just write it down
- 2) Now do the same for the ideal situation. Focus on what can be really achieved
- 3) Now list the obstacles and limitations standing in the way of the ideal situation

<b>The Current Situation</b>	<b>Obstacles (Your challenges)</b>	<b>The Ideal Situation</b>